



DIRECTORY OF MENTAL HEALTH PRACTITIONERS IN ZAMBIA UPDATED JUNE 2025



Mental health is a crucial component of our overall well-being, affecting how we think, feel, and interact with others. As awareness of mental health issues grows, the demand for professional support has increased, making it essential to connect individuals with qualified mental health practitioners.

This Directory of Mental Health Practitioners is brought to you courtesy of the Psychology Association of Zambia (PAZ). This directory serves as a concise and accessible resource for those seeking mental health services. It provides information on practitioners affiliated with the Association, including their areas of expertise and contact details, to help individuals find the right support for their specific needs.

By facilitating connections with skilled professionals, we aim to contribute to the overall mental health and resilience of our community.

Disclaimer

If a provider is not listed here, they can still provide services.

This information is listed as presented by the providers themselves and is accurate to the best of our knowledge at the time of distribution. PAZ assumes no responsibility or liability for the services provided by individuals listed in this directory. You may reach the Psychology Association of Zambia to confirm affiliation, or report queries at psychologyassociation.z@gmail.com or call +260762024357

Please be guided on the membership categories mentioned in this document:

Full Member: Master's degree in Psychology or higher degree in Psychology (or related field)

Associate Member: Bachelor's degree in Psychology (or related field)



NAME	MEMBERSHIP CATEGORY	ADDRESS	CONTACT	FOCUS AREAS	POPULATION SERVED
Dr. Given Hapunda	Full	Plot 4431	0977630871 given.hapunda@gmail.com	Behavioural research, behaviour change, child counselling capacity building, trauma focused cognitive behavioural therapy	All ages, Organizations
Dr Kalunga Cindy Nakazwe	Full	UNZA Main Campus, Department of Psychology	kalungacindyna.kazwe@gmail.com 0973-896731	Stress Management coaching/training, Psychotherapy/Counselling, Research Consultancy, Corporate Wellness, Life Coach	All ages, Organizations
Mr Henry Kazadi Mwanza	Associate	Plot #2 Chikwa Road, Lusaka	Kazadihenry@gmail.com 0975582278	Child and Adolescent Mental Health & Neurodevelopmental Conditions, Capacity Building & Mentorship	Children, Adolescents, Organizations
Miss Hannah N Kaluba	Associate	17/18 golfview Ndola	hannahkaluba5@gmail.com 0761066159	Counselling, Recruitment and Compensation	All ages, Organizations
Mr. Mike Ashley Phiri	Associate	Therapon Consultancy Chilenje-Chalala #48 Lusaka	mapgran@gmail.com 0976 301223	Psychotherapy/Counseling, Psycho-education, Research, Employee assistance programs, stress management training	All ages, Organizations
Mr. David Mwanza	Associate	CIDRZ, 378A / 15, Main Street, Ibex, Lusaka	ddjmwanza@gmail.com 0978420240	Psychotherapy/Counseling, Psycho-education, Research, Employee assistance programs, stress management training	All ages, Organizations
Ms Limpo Funjika-Mukendi	Associate	20 Msuzi Road, Woodlands, Lusaka	0971975207 Lfunjika-mukendi@cmmb.org limpo.funjika@gmail.com	Developmental Psychology, Maternal, newborn and Child mental health programs, NCDs Mental health programs, Research, Mental Health Workshops	All ages, Organizations
Ms Beatrice Kapindula Simpasa	Full	1 Chitimukulu Road, PHI, Chainama, Lusaka	bksimpasa@gmail.com 097382899	Psychotherapy, Counselling, Psychiatry, Consultancy, Training, Mentorship	All ages, Organizations



Mr Trouble Nkhowani	Full	Chilenje, Lusaka	nkhowanitroublealex@gmail.com	Child counseling, education counseling and mental health services	All ages, Organizations
Ms Mavis Sharara	Full	Eden University, Barlastone, Lusaka West	mavissarara@gmail.com 0975360611	Counselling Psychology	Adolescents, Adults
Mr Kapambwe Chikontwe	Associate	Plot 220c Mutandwa Road, Roma Lusaka	chikontwek@serenitywnc.com kapas24@yahoo.com 0971189965	Psychological assessment, Neuropsychological assessment and rehabilitation, Individual and group therapy, family therapy, outpatient and inpatient alcohol and drug rehabilitation, corporate wellness programs and Research	All ages, Organizations
Ms Adeline Kingsley	Full	Kalundu, Lusaka	atkingsley@gmail.com 0779567440	Services offered (in-person & online): Evidence-based Therapy & Counselling for Individuals, Couples & Groups Mental Health Workshops & Seminars Organisational Mental Health Strategy Employee Assistance Programs Psychological Assessments Career Assessments & Counselling	Adolescents, Adults, Organizations
Mr Gibson Banda	Associate	Mukobeko Maximum Security Prison/Correctional Centre, Mukobeko Road Kabwe	bandagibson83@gmail.com 0979311559	Therapeutic Interventions - providing counseling, therapy including CBT, trauma-informed therapy and group therapy. Mental health awareness Risk Assessment & Diagnosis Rehabilitation and reintegration	Adults



Mr Bernard Chibwana	Associate	Plot no. 2, Chikwa Road, Anglican Cathedral of the Holy Cross, Longacres, Lusaka	bernardchibwana@gmail.com 0973601576	Counselling and Therapy in person, online and by telephone. Research and Development to generate evidence-based insights on MHPSS. Knowledge Management Research and Advocacy Thematic Areas include integration of MHPSS in; Health and Sexual Reproductive Health; Education and Early Childhood Development; Protection and Sustainable Livelihoods; and Disaster Risk Reduction and Humanitarian Response.	All ages, Organizations
Ms Denise Lomuseche Kalisilira Phiri	Full	Number 50 Mutandawa road, Roma, Lusaka, Zambia	denise.kalisilira@gmail.com 0966802002	Psychotherapy and Counselling for individuals, families, couples, and groups; Mental Health Workshops and training and Employee Assistance Programmes. Anxiety, Depression, Stress, Grief and Loss, Trauma, Self- Esteem, Personal Development, Relationship Problems/Couples Counselling, Sport and Exercise psychology.	Adults, Organizations
Ms Jenipher Chombela Mhlanga	Associate	Lot 17704/M Off Great North RD, Ten Miles, Chibombo District	jeniphercmhlanga@gmail.com	Behavioral Modification	Children, Adolescents, Adults



Mr Rodgers Chishimba	Full	Ministry of Education HQ	095575096 rodgers.ch@gmail.com	Girl child education. Provides bursaries to vulnerable girls (upper primary and secondary education) to access secondary and tertiary education (college and university education). Provides various services and interventions through a well designed school/community based KGS Case Management System to support vulnerable girls identified to be at risk to access education, remain in school to complete their education and ultimately transition into the world of work. The services and interventions provided include; psychosocial support, financial support, material support, mentorship, career guidance, academic clinics, sexual reproductive health, menstrual hygiene, etc.	Children, Adolescents
Ms Barbara Masengu	Associate	Kitwe 10101	Barbara@dynamiccounsellingservices.com	Counselling - Trauma, Depression, Anxiety, Addictions, Domestic violence, Blended families, Couples, Terminal Illnesses and societal issues. Workshops- for organisations of all natures ie Companies, Churches, Schools, Private institutions and groups	Adolescents, Adults, Organizations
Mr Isikanda Noyoo	Full	Kabwe, Central province	0976479206 marcnoyoo@gmail.com	Counseling, therapy	All ages, Organizations



Ms Chombalelo Mukunta	Full	10 B Julia Chikamoneka road PHI, lusaka	chombalelomukunta@gmail.com chombalelo@yahoo.com 0977118351	Mental Health Consultant, Mental Health trainer, Mental Health Practitioner	All ages, Organizations
Mr Happy Zulu	Full	Plot 18, Lubu Road, Rhodespark, Lusaka	happyoscarz@gmail.com 0977108965	Comprehensive neuropsychological evaluations Individual & group therapy Stress management workshops Health and wellness seminars Caregiver support & referrals	All ages, Organizations
Miss Roshni.S.Patel	Associate	Silver lining healthcare, 28 Mwambeshi road , Northmead, Lusaka,	rosinapats@gmail.com 0967175185	Addiction Counselling, Alcohol and Substance Abuse, Art Therapy, Clinical Psychiatry, Cognitive Behaviour Therapy, Delirium, Dementia, ECT, EEG, Epilepsy, General Medicine, Group Therapy, Neurological Disorders, Neurology, Ophthalmology, Parkinson's Disease, Pregnancy, Psychosocial & Educational Counselling, Psychotherapy, Sexual Dysfunction, Skin Care, Skin Lightening, Substance Abuse Rehabilitation, Weight Loss	Adolescents, Adults, Organizations
Mrs Lyness Mumba lubemba	Associate	kalulushi municipal council, kalulushi	chola.mumba68@yahoo.co.uk 0966723689	clinical and counseling psychology, HIV/ mental health , corporate wellness programs, formulation of HIV workplace policy for companies and research.	All ages, Organizations
Ms Eunice Musonda Phiri	Full	Kanyama General Hospital level one - Lusaka	phirieunice2022@gmail.com 0977280187	Gender Based Violence cases	Children, Adolescents, Adults



Miss Twalumba Jule	Full	Plot 16643 chalala	tjule20@gmail.com	Depression and Anxiety, PTSD, Grief, Relationship and Marital Therapy and Counselling	Children, Adolescents, Adults
Ms Inge Evans	Full	36C Lake Road, Lusaka	Ingeevanstherapy@gmail.com 0968310384	Trauma, CBT, female wellbeing	Adults
Miss Namusale Musonda	Associate	Chamba valley, Lusaka	namusalemusonda@gmail.com 0977390831	Academic counselling, alcohol and drug rehabilitation counseling, Employee assistance programs, Team building	All ages, Organizations
Miss Kelebogile Matshakaile	Associate	Solwezi, Kabitaka Hills	kelematshakaile@gmail.com 0968434102	Wellness Counselling	Children, Adults, Organizations
Ms Sandra Shanungu	Full	Harmony Psychotherapy and Consultancy Services, Lusaka	0977503137 shanungusandra@gmail.com	Counselling and Psychotherapy for Depression, Anxiety, Trauma, Grief and Loss, Behavioral and Interpersonal Concerns, Child and Adolescent Mental Health Support programs, Psychological first aid, Corporate/Workplace counselling and EAP support Programs, Community Psychological Support Programs.	All ages, Organizations
Dr Innocent Zilole Phiri	Full	Holy Family Rehabilitation center, Namwala road off Livingstone road. Monze	innocentzilole@gmail.com	Alcohol and substance misuse/ couple counselling	Adults, Organizations



Ms Florence Ntazana	Full	Chamba valley near Chalo Trust	0975920594	Children(play therapy, sandtray), substance abuse , couple therapy, medical/ child life therapy(preparation for surgery, medical trauma, emotional management in sickle cell, hypertension, diabetes, epilepsy , HIV,etc), behavioral management, death therapy, grief therapy , sexual abuse protocol, problematic sexual behavior and Maternal/ preinatal mental health	Children, Adolescents, Adults
Ms Nelly Phiri	Associate	Flat 2 Ranchi Court, Fairview, Lusaka	naiad.research@gmail.com 0960240600 0977518844	Consultancy in: Industrial and organisational psychology, communication strategy, work placement, training and development.	Adults, Organizations
Mr Humphrey Mumbere	Associate	7739/B Woodlands	humphreymumbere@yahoo.com	Mental Health	All ages, Organizations
Miss Natasha Kalale Chikonde	Associate	Plot 377a, 42c Main Street Ibex Hill, Lusaka	0765654535 natasha.chikonde@gmail.com	Individual therapy, Cognitive Behavioural Therapy	Children, Adolescents, Adults
Mr Foster Kayungwa	Full	Ministry of Education, Haille Sailase Avenue, Longacres, Lusaka	fhkayungwa@gmail.com 0966752734	Guidance, Counselling and Assessment	Children, Adolescents, Organizations
Sr Prisca Phiri	Full	Kasisi Mission, Plot 591, Off Airport Road, Chongwe	phiripriscas02@gmail.com	Psycho-Spiritual Counseling, Psychological Testing	Adolescents, Adults
Mr Scott B Robertson	Full	Farm 282a/Sub 6, Lusaka West	envisionza@yahoo.com 0966888091	Individual, Couple, Family and Group Counselling	All ages, Organizations



Reverend Father William Abel Kapunga	Full	P.O. Box 47, Church Rd, Kapiri Mposhi	williamkapunga@yahoo.com 0969468791	Counseling and Psychotherapy	All ages, Organizations
Miss Nobuhle Khloe Katulwende	Associate	Mutandwa road	nobuhlekatulwende@gmail.com 0969761461	Grief and loss, anger management, relationship issues, suicide intervention, depression and stress management	Adolescents, Adults
Ms Salma Ibrahim	Full	Silverlining healthcare clinic, Northmead & Lusaka Chiropractic and Wellness, Mukuyu Road, Leopards hill, Lusaka	salmaibrahim87@gmail.com 0979145300	All Mental Health related problems	Adolescents, Adults, Organizations
Ms Chituwa M Salasini	Full	Lusaka	cmsalasini@gmail.com 0773844948	Personal Development, Trauma, Depression, Anxiety, Suicide Ideation, Body Dismorphia, Child & Adolescent Mental Health, Relationship Management, Conflict	Children, Adolescents, Adults
Dr Maryn Mutaka -Loongo	Full	Plot 37095, Chalala, Lusaka	0977917329 maryn.loongo@gmail.com	General and Child & Adolescent Psychology	All ages, Organizations
Dr Hazel James	Full	Kafue Drive Itawa Ndola Zambia	0769939028 hazelshealinghaven@gmail.com	Psychotherapy - Psychosocial Counseling- Individual, Couples, Group, Family, Corporate Services, Debt Counseling, Career Profiling and Guidance, Educational and School Psychology	All ages, Organizations
Ms Inonge Liboma	Full	Chinzombo, Mambwe	inongeliboma5@gmail.com	Mental Wellbeing and Life Skills Assessments Counselling Stress Management Employee Wellness Services	All ages, Organizations



Mr Kafungwa B. Paupila	Associate	Nottie Broad 2280	0964070916 paupka@gmail.com	Psychosocial Support	All ages, Organizations
Miss Kunda Munalula Mailo	Associate	Plot No 5, Kalembwe Close, Rhodespark, Lusaka	munalulakunda@mailo@gmail.com 0976502571	Psychosocial counseling, Corporate mental health care, Academic performance therapy and drug and alcohol addiction rehabilitation.	All ages, Organizations
Ms Maimbi Grace Lutombi	Associate	UNZA main campus, department of psychology	maimbigracelutombi08@gmail.com 0973078954	Grief Counselling, Trauma Informed Care, SRH and rights, Psychological first aid	Children, Adolescents, Organizations
Ms Ndanji Nawakwi Mukwamba	Associate	Kwamwena Valley, Lusaka, Zambia	nawakwindanji@yahoo.com 0965110494	Trauma, Organizational Stress, Anxiety, career counseling, Group Therapy, play Therapy	Adolescents, Adults
Ms Agrena Nkhoma	Associate	Ndeke presidential, Kitwe	Chisomomtongan@gmail.com 0975998098	Mental well-being, counselling, grief, stress and trauma mgt, drug use and abuse therapy	All ages, Organizations
Mr Kennedy Mutale	Full	Plot No 30542 Lambya and Chikunda Streets, Chalala - Woodlands	kbaksm.72@gmail.com 0977855797	Outreach, Advocacy and Research in Substance abuse and general Mental Health services	Adolescents, Adults, Organizations
Ms Yande namwinga chisala	Associate	Plot no 11243 new kasama lusaka	namwinga@yahoo.co.uk	Individual, couple and community Health counselling	All ages, Organizations

Note:

- This directory is updated quarterly by the PAZ Secretariat.
- Verification of member status, queries and reports can be sent via:
psychologyassociationz@gmail.com

Disclaimer

This directory is for professional and ethical networking purposes only. Unauthorized use of member information is prohibited. PAZ Website: <http://www.paz.co.zm/>